

# EXPLORE LATVIA



## PROGRAMME

DAY  
**1** 

### Reykjavik - Riga

*Skills to develop: realize ideas, ability to negotiate and find a compromise, skill to cooperate, accept the different, use foreign language skills in practice!*

- 14:45 - 21:35 flight Reykjavik - Riga

DAY  
**2** 

### Riga

*Skills to develop: observation skills, ability to find the truth, ability to perform.*

- Meet with pupils and teachers of the Comprehensive Secondary School at Ārmūli in Riga, Alberta street 13, in the premises of distance learning high school "Riga Commercial School".
- Educational seminar for teachers **"Modern learning environment - cognitive activity, independence and creativity in promoting the learning process."**
- For pupils - a presentation of cultural and historical attractions of **Riga** - the capital city of Latvia: the Art Nouveau buildings in Alberta Street, the House of Blackheads, Dome Square, Riga Castle, National Library of Latvia.



# PROGRAMME

DAY  
3



## Riga

*Skills to develop: ability to use existing resources effectively, ability to debate and rationalize your thoughts*

Getting acquainted with:

- **Latvian Museum of Art** - art values, history of the building and its reconstruction, Latvian art from 19th to 20th century, etc.
- Participate in the **hour of art** at Latvian Museum of Art - pupils will see the museum's permanent and current exhibitions, take part in group works and discussions and create their own artwork - **"Flowers for Latvia"**, thus gaining artistic and cultural experience.
- Visit **"Laima" chocolate museum** - learn about chocolate making traditions since 1890.



DAY  
4



## Riga - Āraiši - Turaida-Riga

*Develop creativity and ability to apply gathered information in practice*

Observe and explore:

- **The Lake Castle of Āraiši** - constantly inhabited settlement, the only reconstruction of fortified residences of 9th-10th century in Europe, stands out with its unique archaeological finds, the unique location of the reconstruction and well-preserved cultural-historical scenery which positively contrasts with the modern urban environment, characteristic for the county of Vidzeme.
- **Turaida Museum Reserve** - allows to gain the insights of Latvian history of 14th-16th century in an attractive and unconstrained way by playing the role games in Turaida Castle, enjoying the waxy smell and ancient things glamour. It is possible to experience the medieval aura by dressing in medieval clothing, step into shoes of a knight or peasants. Find out more on the division of Latvian inhabitants according to their status in medieval times and learn about the functions of the post of vogt (the ruler's appointed officer for the management of a particular territory). A great opportunity to learn medieval manners and writing skills.



# PROGRAMME

DAY  
5



## Riga - Kuldīga - Alsunga - Jūrkalne - Riga

*Skills to develop: ability to find the truth.*

Explore and get acquainted with:

- Bread baking traditions at the company "**Lāči**".
- **Kuldīga** - the capital of the Duchy of Courland in the first half of the 17th century which is famous for the **Ventas Rumba** - the widest natural waterfall of Europe (240m) associated with many historical events and legends. We will explore the old and the new **city hall** of Kuldīga and visit the Duke Jacob's **palace pharmacy**, etc.
- **Riežupe nature park** - the longest man-made cave labyrinth in Latvia (460m), the nature-made caves- artificially enlarged in order to get the snow-white sand for the glass production.
- **Alsunga** - ethnographic heritage of Suiti - music, dances, symbols etc.
- **Jūrkalne** - formation of steep coasts (abrasion process).

DAY  
6



## Riga - Mērsrags - Kolka - Mazirbe - Riga

*Develop communication skills, improve the ability to find optimal solutions in changing conditions*

Get acquainted with:

- Small fishing villages - **Bērziems, Mērsrags, Kolka** and other civilization - untouched places.
- Ancient fish smoking traditions.
- The life and traditional house holding ways of the people named **Līvi in Mazirbe**.
- We are going to hike along the **Baltic Sea** coast.



DAY  
7



## Riga

*Assess our abilities and use the gained experience in further actions*

Sum up the personal gains and lessons learned during the explorative trip.



DAY  
8



## Riga - Reykjavik

12:55 - 14:00 flight Riga - Reykjavik



RĪGAS KOMERCSKOLA  
Tālmācības vidusskola



NORDPLUS



FJÖLBRAUTASKÓLINN  
VIÐ ARMÚLA