

Grade 10 and 11 Students

TAKE PART IN THE ACTIVITIES OF NORDPLUSPROJECT
"PROMOTING ENVIRONMENTAL AWARENESS OF YOUTH
BY TRAVELING AND EXPLORING NATURAL, CULTURAL AND
SOCIO-ECONOMIC PROCESSES IN THE NORTHERN
EUROPEAN REGION"!

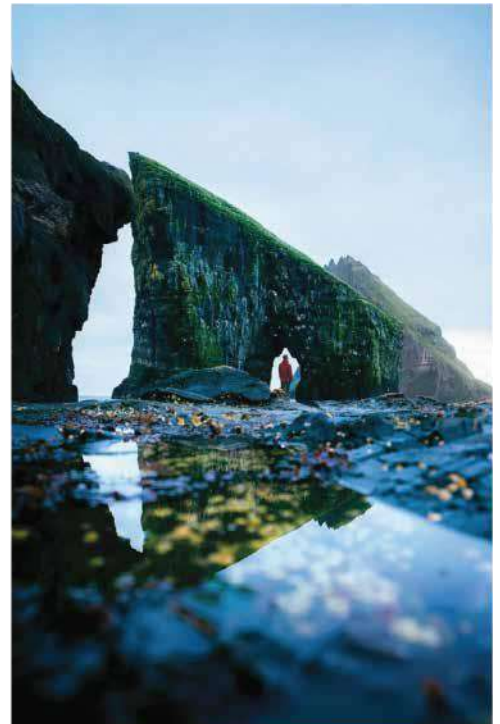
The aim of the project is to promote understanding of:

- Sustainable lifestyle, how it combines ancient wisdom and skills with modern knowledge and possibilities;
- Living in harmony with nature, respecting its rhythms and preserving its resources;
- Principles of smart and sustainable economic activities and practical ideas that promote self-sufficiency, social responsibility and that would provide for a sustainable future where changes in nature could be curbed and serious disasters could be prevented, thus managing their impact on the economy and social environment.

You will find more about Nordplus project [here](#).

HOW TO APPLY?

1. Submit a **motivation letter** where the following should be stated:
 - Reasons why you would like to get involved in the project;
 - Your own characterization specifying what you have done for the benefit of improving your own, the school's or social life.
2. Submit a **poster paper** "Raising Awareness of Sustainability" that meets the following conditions:
 - volume – 1 page (A1), digital format – PDF or JPG;



- the poster paper must contain both textual and visual and graphic information;
- research of several reliable sources on the general notion of the awareness of sustainability and possibilities of sustainable activity in the selected research area;
- sources must be referenced in an appropriate manner (APA style).

Authors of the best papers – project applications – will have an **opportunity to take part in exploratory trips – on the Faroe Islands and in Latvia** – in order to do research and observations, and to seek and find answers to questions:

- How to balance the human-nature relationship, take sustainable decisions and find solutions to environmental problems?
- How to understand the functioning of natural, economic and social systems and their mutual interaction?
- How to combine economic, ecologic and social opportunities for the purpose of ensuring a sustainable future?



English teachers –
Ieva Kalniņa and
Agnese Gromova-Kūrena
 – are available to provide
 guidance for the
 development of
 the poster papers.